



## Career Counselling - Choosing the right programme

### Activity - Exploring Your Industry Interests

List three industry sectors that interest you, ideas about companies that you could research in that industry and who you could ask for further help, e.g. family and friends who work in the industry.

| Industry | Companies to research | Who will I ask for help? |
|----------|-----------------------|--------------------------|
|          |                       |                          |
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|          |                       |                          |



Otago Polytechnic. [Student Support Website](#). 2015.

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