

# Debra Messing

Registered Nurse

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## CAREER OBJECTIVE

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A registered nurse with more than 10 years of experience in medical, surgical, and endoscopy nursing aiming to use my knowledge, values, and skills to effectively fill the nursing role in your company.

## SUMMARY

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- Registered Nurse with more than 7 years' experience in medical, surgical, and endoscopy nursing
- Always keen to learn and broaden knowledge to keep up with vital changes in the nursing field.
- Dedicated and motivated in providing the highest quality and culturally safe level of care to patients and their families by utilizing knowledge on the Treaty of Waitangi and applying the principles of partnership, protection, and participation.
- Highly regards interpersonal and interprofessional relationships as essential to achieving organizational goals and maintaining a healthy workplace.
- Able to communicate respectfully and effectively with people of diverse cultural backgrounds, ethnicity, language, and age groups by learning English, Arabic and various Filipino languages when working overseas (Philippines, Dubai, New Zealand).

## Qualifications

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<b>Competency Assessment programme</b> , Otago Polytechnic	<b>2016</b>
<b>Bachelor of Science in Nursing</b> , Silliman University, Philippines	<b>2003-2006</b>

## NURSING PROFESSIONAL EXPERIENCE

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### Competency Assessment Program (CAP) Student

(9a Ward SDHB, Dunedin, New Zealand)

March 2014 – April 2014

- Demonstrated flexibility and adaptability in collaborating with New Zealand health care professionals, filled in multiple roles in a workshift, demonstrated beginning skills, and practiced culturally safe nursing in rendering hospital level care to medical patients, long term elderlies, and family members in a 15 bed capacity hospital

### Day Surgery Unit Nurse/ Endoscopy Nurse/ General Nurse

Medical Center of King George, Dubai

June 2012 - February 2014

- Helped in establishing the workflow of admission and discharge, created unit policies and competencies, organized the workplace, and served as a preceptor for newly hired nurses being one of the pioneers of a small hospital built as a precursor to a 350 bed university hospital. Had shown exceptional skills in delivering pre and post-operative care of patients who underwent cosmetic, bariatric, gynaecological, orthopaedic, urologic, ENT, colorectal, and general surgeries.

### Surgical Ward Nurse

University Medical Center Foundation Incorporated (SUMCFI), Philippines

June 2005 – June 2011

- Delivered 4 years of surgical nursing care from admission to discharge for both elective and emergency cases in a 150 bed capacity tertiary hospital. Skilfully conveyed nursing procedures like tracheostomy care, NGT/ PEG feedings, etc. for post-operative patients as well as those transferred out from ICU..

## TECHNICAL SKILLS

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### Surgical Cases Handled (Pre/ Post Operative):

- **Cosmetic:** Breast Reconstruction, Face Lift, Chin Tuck, Gluteal Augmentation, Platelet Rich Plasma (PRP) Injection, Liposuction. **Gastrointestinal:** Gastric Sleeve, Gastric Banding, Fundoplication, Laparoscopy, Cholecystectomy, Exploration Laparotomy, Anal Sphincterotomy, Hemorrhoidectomy, I&D of Pilonidal Abscess, Sigmoidoscopy, Appendectomy, Pancreatectomy, Hernia Repair. **ENT:** FESS, Septoplasty, Adenotonsillectomy, SMR, SMD, Myringoplasty, Rhinoplasty, Thyroidectomy, Cochlear Implant, Grommet Insertion/ Removal. **Neuro:** Craniotomy, Craniectomy, Anterior Cervical Disectomy, Posterior Cervical Laminectomy, Microdiscectomy, TILF. **Genitourinary:** Nephrectomy, Stenting, TURP, Circumcision, Vaginoplasty. **Breast:** Breast Biopsy, Mastectomy. **OB-Gyne:** Hysterectomy, D&C, TAHBSO. **Skin & Superficial Structures:** Wound Debridement, Ganglion Excision. **Ophthalmology:** IOL Implant, Phacoemulsification, Pterygium Excision. **Orthopaedic:** ACLR, Hip Replacement, Arthroscopy, ORIF, TKR, Epidural/ Facet Joint Injection,

### Endoscopy Procedures Assisted:

- Colonoscopy, Gastrosocopy, OB/ BIB/ Heliosphere Balloon Insertion/ Removal, Endoscopic Retrograde Cholangio-Pancreatography

## REFEREES

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### Mary Jane Rose

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### Chelsea G. Willmott

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